



-Image from-medics.co.uk/index.php?route=weblog/article/view&weblog_article_id=406&m_id=1

EYFS Oral Health

A child's first experiences with oral health can impact on the rest of their life. It is therefore important to teach them about their mouth and introduce them to good habits as soon as possible. It is equally vital to 'normalise' dental visits and put them at ease with the role of a dentist as a person they can trust.

The Early Years' Foundation Stage framework sets out the requirements for the learning, development and welfare of children from birth to the end of the academic year in which their fifth birthday occurs.

The aim is to help young children:

- Stay safe.
- **Be healthy.**
- Enjoy and achieve.
- Make a positive contribution.
- Achieve economic wellbeing.

As part of our curriculum offer to children in the EYFS we aim to promote oral hygiene by-

- Providing a tooth brushing scheme in our 2-year-old and 3-year-old nursery provision.
- Offering advice and support for parents/carers (including from a local dentist).
- Using resources from the Oral Health Foundation to promote good oral hygiene at home and at school.

<https://www.dentalhealth.org/early-years-foundation-stage>

We have also listed some local dentists below in an effort to help parents/carers make links with their oral health providers. However, it is important to note that by listing these oral hygiene providers we are in no way promoting their efficiency. This list is intended to only highlight the range of providers on offer. More providers can be found by searching for dentists in your area of choice.

Pelton Lane Ends Dental Practice

Pelton Lane Ends,

Ch-le-St

DH2 1NP

Tel-0191 3703845

Ridgway Dental Practice

17 S Burns,

Chester-le-Street

DH3 3EZ

Tel-0191 3882939

Lam Dental Care

6 Weardale Terrace, Ropery Ln, Chester-le-Street DH3 3PQ

Tel-0191 3888381

Cestrai Dental Practice

8 High Chare, Chester-le-Street DH3 3PX

Tel-0191 3883389

Ashfield Dental Care

4 Ashfield Terrace, Chester-le-Street DH3 3PD

Tel-0191 3882348

Front Street Dental Practice

170 Front St, Chester-le-Street DH3 3AZ

Tel-0191 3882625

Honour Health Dental

13 Front St, Stanley DH9 0JE

Tel-01207 232725

My Dentist

1a Clifford Rd, Stanley DH9 0AB

Tel-01207 235400