



## Roseberry Primary and Nursery School



### Curriculum statement for Physical Education

<b>Intent</b>	<b>Implementation</b>	<b>Impact</b>
<p>At Roseberry Primary, we recognise that PE is a vital part of school life and ultimately children's future well-being. It is therefore our intent to provide an inclusive, broad and balanced curriculum that ensures ALL children will benefit, whether through enhancing existing skills, learning new skills or being introduced to new sports, clubs, teams and organisations. These opportunities are to inspire disadvantaged pupils, support SEND and challenge gifted and talented.</p> <p>We aspire to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and developing life skills. We want to teach children skills to keep them safe such as being able to swim. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness, equity of play to embed life-long values. Pupils are taught to understand and follow rules, techniques and tactics supported by relevant vocabulary as they progress through the school. Our curriculum aims to improve the wellbeing and fitness of all children at Roseberry</p>	<p>In EYFS, PE is one of the Prime Areas of Learning and underpins the development of other skills such as reading, writing and attention. As such, it is given lots of focus and is encouraged using both the indoor and outdoor provision. Specific areas and resources have been developed for children to learn and practise specific skills including balancing, climbing, jumping, throwing and catching, kicking and moving in a range of ways.</p> <p>They also access a one-hour discrete PE lesson each week which focuses on developing a particular skill using a varied range of equipment including parachutes, benches, balls, mats and climbing apparatus. Emphasis is put on creating fun and enjoyable sessions for the children which aim to inspire a love of sport and physical activity. PE opportunities are often linked to the children's current topic to engage and motivate all children.</p> <p>Additional opportunities for short bursts of movement are built in throughout the day with the use of dough disco, active storytelling and the daily mile where pupils run to music.</p> <p>Parents are able to track their children's development in PE through regular updates on Tapestry and at Parent's Evenings, as well as being invited into school to support their children during Sports Day.</p>	<p>Our curriculum aims to improve the wellbeing and fitness of all children at Roseberry; not only through the sporting skills taught, but through the underpinning values and disciplines that PE promotes. Through strong links with PHSE we promote the overall wellbeing and health of each child through teaching about self-discipline and that to be successful you need to take ownership and responsibility of their own health and fitness.</p> <p>In all classes, children possess a wide range of physical abilities. Whilst recognising this fact, we provide suitable learning opportunities for all children by matching the challenge of the task to the ability of the child. Children at Roseberry make good progress in PE and are eager to attend after school clubs and competitive sporting events.</p> <p>IN PE, we also measure impact by:</p> <ul style="list-style-type: none"> <li>- Regular learning walks</li> <li>- Pupil questionnaires</li> <li>- PE Premium spend analysis</li> <li>- Analysis of participation at after school clubs and LSSP competitions</li> <li>- Assessment data</li> <li>- Photo and video analysis of children's practical work</li> <li>- Application of School Games Mark – we currently are at Gold Level.</li> </ul>

Primary, not only through sporting skills taught, but through the underpinning values and disciplines PE promotes.

We are committed to providing a fun, challenging and inspiring curriculum which supports all pupils.

The aims of Physical Education (PE) at our school are that all children:

- take part in a broad range of physical activities
- adopt a healthy lifestyle
- develop a range of sporting skills including swimming
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives
- understand the importance and effect of exercise and being healthy
- develop a sense of fair play and sportsmanship
- enjoy sporting activities and have fun

In KS1, children are taught one, one-hour long PE session a week teaching a variety of invasion games, dance or gymnastics. Children build on the fundamental skills taught in EYFS and aim to master basic skill movements such as running, throwing, jumping and catching as well as beginning to develop balance, agility and coordination. Children are introduced to team games as well as individual sports. Basic tactics are introduced to the children as well as competitive sports whether that be competing against other children, teams or themselves.

In KS2, children are also taught one, one-hour long PE session a week teaching a variety of invasion games, dance, gymnastics, Swimming (Years 3/4 5/6) and outdoor adventurous activities. Children will learn how to apply all skills taught throughout their school journey in isolation and combination. They develop an understanding of how to improve, evaluate themselves and others and recognise their own success. There is a bigger focus in both competition against themselves or other children for example in athletics and games. Children are also provided with swimming lessons throughout KS2 to allow pupils to meet the objectives outlined in the National Curriculum.

Pupils in KS1 and KS2 have the opportunity to attend a wide variety of after school clubs and sporting festivals held by Durham and Chester – le- Street SSP. These events allow pupils to learn new skills and participate in sports additional to the national curriculum such as New Age Curling or Boccia. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-

being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.

Expert coaches come into the school throughout the year. These sessions aim to support staff to increase the confidence, knowledge and skills in teaching PE and sport.

During the school, year we have a Sports Week where pupils try out different sports to those normally on offer in school, these may include climbing, mountain biking, skateboarding. The pupils focus on a given sport for the week learning about the sport and those who have been very successful in this area.

PE is adapted when necessary to ensure it is fully inclusive and all children are engaged. Throughout KS1 and KS2, class teachers follow the PE Progression of Skills Document. The aim of this is to see a clear progression of skills throughout their school journey. At the end of the year, there are separate, EYFS, KS1 and KS2 Sports Day where parents are invited in to support their children.

At Roseberry we have pledged to be an Active School. We strive to give our pupils the opportunity to engage in at least 30 minutes of physical and wellbeing activities each day.